



**RED BUD FARM**

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## How to Make Worm Castings 'Tea'

Do not be confused by the name. It is NOT for human consumption! Worm castings tea is both nourishing and gentle to all plants, from newly-started seedlings to established greenery. Early seed sprouts need worm castings tea to replace nutrition that has been depleted through leaching in potting soil. Older plants can be revitalized with this tea.

**Every plant, whether young or old, will be greatly helped by worm casting tea.**

Follow these easy directions to make worm castings tea:

**1. Begin with a 5-gallon bucket of water. (For smaller quantity, use 1 gallon.)**

- \* Rainwater, as is, may be used immediately.
- \* If using municipal water. let it sit in a bucket overnight. Once it is given 'time out' for 24 hours, the chlorine that would kill beneficial micro-organisms will be dissipated.
- \* Softened water may not be used because the salt content could damage plants.

**2. Stir in 1 quart of worm castings. (For smaller quantity, use 1 cup.)**

**3. (Do this step ONLY if you want to SPRAY the tea on your plant leaves.)**

**Mix 2 tbsp. of blackstrap molasses or corn syrup into the tea** to make it tacky enough to stick on plant leaves, which helps it stay through a few rains or watering.

**4. Aerate the tea for 3 days - either by stirring it several times a day, or with an air stone like a common aquarium bubbler attached to a fish tank pump which adds oxygen.**

***Use worm castings tea within 48 hours so the micro-organisms will still be active.***

**5. Pour worm castings tea** into the soil around your plants to be absorbed into their root system and/or strain the tea (with a nylon hose, so the castings won't clog the nozzle) into a hand-pump sprayer and spray directly onto leaves and stems of plants.

When you water your plants with worm castings tea, they will grow stronger and healthier. Quench their thirst with worm castings tea on a weekly basis and watch them thrive!

Thank you for using **RED BUD FARM** worm castings!